



WESTIN
HOTELS & RESORTS

Your Personal Guide to Renewal

April, May & June 2018.

**THE WESTIN RESORT
NUSA DUA, BALI**

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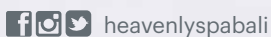


LUXURY WELLNESS SPA
GLOBAL WINNER

Awaken Your Senses

Revitalize and energize with
Heavenly Spa by Westin™.

From therapeutic massages to cleansing facials
and invigorating body treatments, each element
of your spa visit is designed to stimulate the
senses and nourish both body and mind.





APRIL

Easter Tranquility

Unwind over the Easter holiday weekend with a treatment that focuses on personal renewal. Begin with a traditional body scrub to gently remove impurities and leave your skin soft and supple. Then lie back and feel all your tension melt away as a heated herbal poultice is used to massage your entire body. A serve of herb-infused Jing tea will bring your spa experience to a refreshing conclusion.

IDR 1,100,000 net per person for 105 minutes of spa journey



MAY

Queen for a Day

The month of May means indulgence for all the lovely ladies out there. This nurturing treatment is all about looking good and feeling even better. The pampering starts with a Glow Facial to hydrate and replenish your skin. This is followed by a creambath hair and scalp treatment for well-conditioned locks. Finish off with an application of fun nail color to brighten up your fingers or toes.

IDR 1,750,000 net per person for 135 minutes of spa treatment



JUNE

Dad's Deserve Pampering too!

Let's remember that every dad deserves to be fussed over every now and again with a session of spa pampering. This special massage-based treatment aims to relieve muscular tension through the therapeutic art of touch. It is essentially a reviving two-hour massage of the entire body, head and feet to promote deep relaxation.

IDR 1,300,000 net per person for 120 minutes of men treatment



Back to Your Best Self

A new journey begins at The Westin Resort Nusa Dua, Bali with our resident Wellness Specialist – Jitendra Pokhriyal. Hailing from the birth place of Yoga in India, Jitendra brings with him the ancient knowledge of yoga and meditation. Give yourself the gift of wellness with an array of holistic activities at the resort. Also on offer are exclusive group classes and private sessions for a small fee.

MONDAY

7AM - 8AM Hatha Yoga for Beginners
 8:15AM - 8:45AM Pranayama*
 9AM - 9:30AM Meditation (Chakra Shuddhi)
 5:15PM - 6:15PM Intermediate Hatha Yoga
 6:30PM - 7PM Meditation (Chiddakash Dhyana)

TUESDAY

7AM - 8AM Hatha Yoga for Beginners
 8:15AM - 8:45AM Meditation (Ajapa Japa)
 9AM - 9:30AM Life Talk Series*
 5:15PM - 6:15PM Intermediate Hatha Yoga
 6:30PM - 7PM Pranayama*

WEDNESDAY

7AM - 8AM Hatha Yoga for Beginners
 8:15AM - 8:45AM Yoga Nidra
 9AM - 9:30AM Meditation (Kaya sthairyam)
 5:15PM - 6:15PM Intermediate Hatha Yoga
 6:30PM - 7PM Life Talk Series*

THURSDAY

7AM - 8AM Hatha Yoga for Beginners
 8:15AM - 8:45AM Pranayama*
 9AM - 9:30AM Life Talk Series*
 5:15PM - 6:15PM Intermediate Hatha Yoga
 6:30PM - 7PM Meditation (Kaya Sthairyam)

FRIDAY

7AM - 8AM Hatha Yoga for Beginners
 8:15AM - 8:45AM Meditation (Kaya Sthairyam)
 9AM - 9:30AM Pranayama*
 5:15PM - 6:15PM Ashtanga Yoga
 6:30PM - 7PM Yoga Nidra

SATURDAY

7AM - 8AM Hatha Yoga for Beginners
 8:15AM - 8:45AM Meditation (Ajapa japa)
 9AM - 9:30AM Pranayama*
 5:15PM - 6:15PM Intermediate Hatha Yoga
 6:30PM - 7PM Meditation (Chidakash)

*indicates complimentary wellness sessions. Meeting Point at 'SANCTUARY' Heavenly Spa.

Wellness sessions: IDR80,000 net per person. For non resident guest: IDR200,000 net per person per session.

All activities are weather dependent and venue is subject to change. We recommend light comfortable clothing.

Prior reservations are required for all sessions, call Heavenly Spa extension 6438 or press Service Express on your phone.



Spa Bale

Experience the healing art of massage in the unique setting of our Spa Bale. Indulge in the soothing ambience of the beachfront garden as the nurturing hands of our Spa Therapist works to gently relax your body into a sense of calm. Available from 10AM to 6PM

TREAT YOURSELF

Indulge in the soothing beachfront ambience adjacent to our Spa Bale. The nurturing hands of our Spa therapist will revive your feet, neck and shoulders using a massage technique that combines applications of pressure to ease tension. Available from 10AM to 6PM.

Restore The Body, Expand The Mind

Take delight in an uplifting range of body & beauty products exclusive to Heavenly Spa by Westin™. Our retail shop also stocks a fine selection of wellness-inspired gift items to treat loved ones back home.

For information and reservations, please call Heavenly Spa extension 6438 or press Service Express on your phone.



Daily Activities

MONDAY

7:30AM RunWestin
9AM Cycling tour* / stretching exercise
11AM Aquacise
12PM Fun water volleyball
1:30PM Billiard competition
3PM Table tennis lesson
4PM Fun mini soccer

TUESDAY

7:30AM RunWestin
9AM Cycling tour* / stretching exercise
11AM Aquacise
12AM Fun water volleyball
1:30PM Ping pong competition
2:30PM Fruit carving demonstration
4PM Fun walk

WEDNESDAY

7:30AM RunWestin
9AM Cycling tour* / stretching exercise
11AM Aquacise
12PM Fun water volleyball
1:30PM Billiard competition
2:30PM Hotel temple visit
4PM Fun mini soccer

THURSDAY

7:30AM RunWestin
9AM Cycling tour* / stretching exercise
11AM Aquacise
12PM Fun water volleyball
1:30PM Ping pong competition
3PM Balinese art creation
4PM Power walking

FRIDAY

7:30AM RunWestin
9AM Cycling tour* / stretching exercise
11AM Aquacise
12PM Fun water volleyball
1:30PM Billiard competition
3PM Balinese offering creation
4PM Fun beach mini soccer

SATURDAY

7:30AM RunWestin
9AM Cycling tour* / stretching exercise
11AM Aquacise
12PM Fun water volleyball
1:30PM Ping pong competition
2:30PM Fruit carving demonstration
4PM Power walking

SUNDAY

7:30AM RunWestin
9AM Cycling tour* / stretching exercise
11AM Aquacise
12PM Fun water volleyball
2:30PM Free play badminton
3PM Billiard competition
4PM Tennis clinic

Please visit us at the Recreation Counter to learn more about these activities and register for an array of enriching pastimes

MEETING POINTS

- The Lobby Bar & Lounge terrace
- Recreation Towel counter for Fun Water Volleyball, Aquacise, Tennis clinic & Fun mini soccer.

NOTE

* Cycling tour available at IDR 60,000 net per person





Living Room

The Living Room provides a stylish environment when you arrive early or have a late departure from the resort. Overlooking the Premium Wing Pool, this contemporary space features individual wash & change facilities, Wi-Fi and lounge seating to relax in air-conditioned comfort.

You are free to enjoy a refreshing dip in the pool, watch your children cool off in a special kid's play pool or order delicious cuisine from our signature Italian eatery, Prego. The Living Room is open 24 x 7 and we recommend that you confirm your intent to use this convenient facility at least one day prior so that we can anticipate your needs while you wait to go to the airport.

Concierge Service

Located at the Lobby, our Concierge offers personal and instinctive services to help you discover the charm of Bali. We create unforgettable holiday itineraries that are tailored exclusively to your needs during your time on the island. Whether you want to enjoy a cultural excursion to the artistic village of Ubud or hit the shops of Seminyak, we will arrange a great day out based entirely on what you want to see and do.



VIP Assistance - Airport Service

The Westin Resort Nusa Dua, Bali is delighted to announce that it has joined forces with PT. Gapura Angkasa to provide a VIP Assistance - Airport Service for arrivals and departures at Ngurah Rai International Airport.

This exclusive service entails meeting and greeting newly arrived guests with a personalized paging board. Visa On Arrival payments (if required at USD 35/person) are arranged followed by regular immigration clearance. Finally, luggage is retrieved and guests are escorted to an awaiting Westin representative. This service is priced at just IDR 472,500 net/guest.

A similar service is available upon departure whereby guests are met at the airport departure entrance and escorted through the security check point. Full assistance is provided upon checking in with regular clearing immigration. Guests are then accompanied to the departure lounge* or a preferred executive lounge (for privileged credit cardholders). This service is priced at just IDR 472,500 net/guest and it is extremely flexible should guests require some comfort while waiting for their flight to leave.

*The departure lounge is a relaxing pre-flight facility offering a range of light refreshments and beverages including wine and alcohol for an additional charge of USD 10 net/person. Subject to availability and advance reservation is required.



Westin Kids Spa

Young spa-goers will love Westin Kids Spa. It is a chance to be pampered with massages, mini facials, manicures and pedicures and get Bali beach ready with fun braiding too. Westin Kids Spa is open daily from 10AM to 6PM. For reservations, please contact the spa to schedule your appointments on extension 6438 or press Service Express.

WESTIN KIDS' MASSAGE

Young spa-goers will adore this massage to unwind sporty bodies and relax little minds.

(30 minutes - IDR400)



TWINKLE TOES & FANCY FINGERS

Sparkle and shine with this manicure and pedicure, leaving fingers and toes party ready.

(45 minutes - IDR450)

BEST FRIENDS FOREVER

Girlfriend fun with a fresh facial and nail color of your choice.

(30 minutes - IDR750 per couple)

PRINCE or PRINCESS

Pamper like a prince and princess with a Westin Kid's Massage and the choice of a temporary tattoo or pretty nail art.

(45 minutes - IDR450)

MINI FACIAL

Freshen up your face with this healthy mini facial.

(30 minutes - IDR 400)

MOMMY AND ME

Enjoy some special Mommy time with a massage by the beach.

(30 minutes - IDR 750 per couple)

MY BIRTHDAY WISH

Enjoy your birthday with a choice of:

- Massage, Face Painting or Temporary Tattoo

- Facial with Manicure or Pedicure
(45 minutes - IDR 450)

HAIRSTYLING

Cool quiffs for boys and glossy locks for girls with a little luxe wash and blow dry.
(45 minutes - IDR500)

Want a 'Spa-rty' for your birthday?

Please contact the spa and we'll arrange everything.

Prices above are net in thousand IDR and inclusive of service charge and government tax.

Introducing SPG Kids Pass.

spg*
Starwood
Preferred
Guest

An all-inclusive dining program for kids and one less thing to worry about for parents.

When kids are happy, parents are happy.
That's why we created SPG® Kids Pass.

For a flat daily rate, children (ages 12 and younger) of Starwood Preferred Guest® members can enjoy all-inclusive access to a variety of dining options, including children's menus, buffets (where available) and beverages at select participating resorts.

To take advantage of SPG Kids Pass, sign up when you check in or anytime during your stay.

Inquire at the front desk for more details.

Not an SPG member? Join our complimentary program at the front desk.



WESTIN FAMILY ACTIVITIES



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9AM - 10AM Tennis Clinic*	9AM - 10AM Nature Walk and Discover	9AM - 10AM Kids Yoga	9AM - 10AM Balinese Gamelan	9AM - 10AM Sea Shell Collecting	9AM - 10AM Kids Yoga	9AM - 10AM Sandy Beach Walk
10AM - 11AM Tropical Garden Tour	10AM - 12 NOON Balinese Art and Craft	10AM - 11AM Fun Mini Golf	10AM - 11AM Wall Climbing	10AM - 11AM Fruit Carving	10AM - 11AM Herb Planting or Museum Pasifika Tour**	10AM - 11AM Wall Climbing
11AM - 12 NOON Sea Shell Creation		11AM - 12 NOON Spider Web Making	11AM - 12 NOON Creative Pop Up Card	11AM - 12 NOON Suikawari Fun Games	11AM - 12 NOON Paper Puppet Making	11AM - 12 NOON Recycle & Collage
12 NOON - 1PM Break						
1PM - 2PM Free Time, Table Games, Lego, Puzzles and Coloring						
2PM - 3PM Batik Painting	2PM - 3PM Making Balinese Offering	2PM - 3PM Beads and String	2PM - 3PM Learn Bahasa Indonesia	2PM - 3PM Shell Creation	2PM - 4PM Kite Decoration	2PM - 4PM Sand Activities
3PM - 4PM Fun Fishing	3PM - 4PM Hotel Temple Tour	3PM - 4PM Sand Castle Making	3PM - 4PM Balinese Dance Lesson	3PM - 4PM Fun Fishing	4PM - 5PM Kite Flying	4PM - 5PM Making Paper Windmill
4PM - 5PM Wall Climbing	4PM - 5PM Make Your Own Volcano	4PM - 5PM Wall Climbing	4PM - 5PM Tennis Clinic*	4PM - 5PM Feeding The Fish		
8PM - 9PM Stargazing		7PM - 9PM Movie Night		7PM - 9PM Parent Night Out		

CALL SERVICE EXPRESS FOR RESERVATIONS

Kids Club activities are available for children ages 4-12.

*Kid must wear proper tennis shoes

**Reservations are required one day in advance with a minimum of 5 children (7-12 yrs.) at IDR 100,000 net/child.

THE KIDS CLUB IS LOCATED NEAR SEASONAL TASTES.





Tasty Afternoon Treats

THE LOBBY BAR & LOUNGE
2PM TO 5PM

Enjoy an irresistible array of sweet and savory SuperfoodsRx delicacies paired with JING tea or illy coffee in our renewed The Lobby Bar & Lounge.

IDR 185,000++ per person
IDR 275,000++ per person including a glass of sparkling wine.

Price is subject to 21% government tax and service charge
For reservations, please contact Service Express®.

VELADA

TAPAS BAR & KITCHEN

ISLAND SIMPLICITY RELAX OVER ENTICING TAPAS & DRINKS

Velada - meaning soirée or how we like to call it a reason to unwind over authentic tapas and refreshing cocktails in a vibrant setting. Get sipping during Happy Hour and treat yourself to fruity Sangria or try our signature Margarita.

Family dining 6PM to 8.30PM
Adults only 8.30PM to 12.30AM
Happy hour 7PM to 9PM



Take Home a Piece of Heaven

The comfort and luxury of our signature Heavenly Bed® has been enjoyed by more than 75 million Westin guests around the globe. We now invite you to take home your very own piece of heaven. To shop for items from this exclusive collection of bedding, please visit our Resort Boutique.



Internet Access

Enjoy complimentary high speed Internet access during your stay with our wireless broadband system at the Lobby. Free internet access is available in all rooms and suites as well as throughout the resort. Internet Kiosks are also available on a first come basis at Lobby area next to Tangent™ which offers courtesy internet access.

Business Centre

Our Business Centre in the Shopping Arcade offers full secretarial services including typing, photocopying, faxing and binding. Computer terminals with Internet access are also available for your personal use. Daily from 8am to 5pm, our associates will assist you with any administration tasks that you may have to attend to during your time in Bali.

Westin Weddings

Embark on a journey of shared destiny on the exotic island of Bali. It is the perfect destination to declare your love with the wedding day of your dreams. From an intimate gathering on the beach at sunset to an elegant garden party, a Westin Wedding blends modern luxury with warm Balinese hospitality for celebration to treasure forever.

Wedding packages start from USD 2,800.

Contact our Sales & Marketing Department at extension 6466 for further assistance.





Pure Relaxation

Full Day usage of your private gazebo is priced at IDR 250,000 net. Exclusive Dream Bed by the beach or by the pool side priced at IDR 150,000 net. Savor the calming sounds of the ocean and the soothing tropical breeze.

For reservations please approach one of our team members at the "Pool Towel Counter" or call Service Express® from the comfort of your room. Please note that prior reservation is required to use a Gazebo or Dream Bed.

Environmental Protection

Help us safeguard the local marine environment by refraining from collecting starfish, shells, and other sea creatures. Please leave them where they belong for everyone to enjoy. Also please be aware of sea urchins, which can be toxic and leave your skin feeling itchy. Should you come in contact with one of these creatures, please consult our in-house doctor immediately.

Taxi & Car Service

Should you require any transportation services, please reach out to our Transportation Desk at Lobby or use metered taxi that is available 24-hour at the resort. Please be informed that any online taxi services such as Uber or Grab are not supported by the local communities in Bali.

Sarbagita - Public Transport

A public bus service called Sarbagita is being operated by the provincial government connecting Nusa Dua to various tourist destinations across Bali.

A fleet of air-conditioned buses are in daily use with the aim to reduce road traffic congestion with extremely affordable tickets. Two bus stops are located just 100 meters on the right and 300 meters on the left from the resort's entrance.

BALI COLLECTION

Bali Collection is a shopping center complete with dining and top-end international retail outlets.

T GALLERIA BALI

T Galleria by DFS is a duty free shopping complex which offers customers an expertly curated collection of the world's leading luxury brands in modern and inviting shopping environments.

For more information regarding the shuttle bus schedule, please visit Service Express desk in the lobby.

Shopping Around The Corner



RESORT BOUTIQUE

Find unique gifts and holiday souvenirs at our Resort Boutique, located in the shopping arcade. There is also a fine collection of stylish lifestyle merchandise reflecting Westin's concept of modern luxury. Open daily from 8AM to 10PM.

QUIKSILVER

Quiksilver has been producing surf & snow clothing, outerwear & accessories since 1969. No other company pushes to defy boundaries quite like Quiksilver. Proudly introduces our newest collection of apparel and gear designed with every die hard surfer and snowboarder in mind. No matter if your life revolves around the tides, if you spend your time on a plane chasing after the perfect powder or just like to hang out by the beach and skate around town, Quiksilver has top of the line clothing and gear for every lifestyle. Explore our latest collections of boardshorts, wetsuits, t shirts, thongs, hats and snow gear.



YOU & ME JEWELLERY

Discover an artistically handcrafted selection of silver jewellery that is totally unique to the island of Bali



PAUL ROPP

Paul Ropp is an international fashion designer with an eye toward eclectic designs that are distinctive and captivating. Offering dynamic men's and women's fashions direct from the runway plus a complete line of accessories, Paul Ropp offers a full range of clothing that is not only wearable and full of movement, but also a magnificent heirloom treasure.

BY THE SEA

Brazilian-born designer Renato Vianna spent 15 years with renowned menswear fashion house Richards before moving to Bali in 1993. Spending much of his childhood at the beach, he knows all about the relaxed lifestyle concept. Vianna's grandfather was a tailor and his mother made all the family clothes, so a career in the fashion industry was inevitable. Inspired by the island's vibrant colors, natural beauty and rich artistry, he created pieces to complement Bali's tropical lifestyle. He has succeeded in taking high-quality, originally designed fabrics by turning them into easy-to-wear, cool and comfortable clothes that are currently sold in 4 countries worldwide.



BALI GONG

Bali Gong Art Gallery is a family owned business and established since 1990 in Bali. You can find wide selection of handcrafts, furniture, antique products, paintings, and many more arts selection which now available in our Resort's shopping arcade.

日本料理 **浜辺** Hamabe

dip in and savor flavorful Japanese dining at **Hamabe**

Open daily from 5:30PM - 10PM
Family dining 5:30PM - 8PM only | Adults only after 8 pm
Reservations are required for Robotayaki and Teppanyaki.





Brunch PREGO *Adventura*

Every Sunday from 11:30AM to 3PM

Explore the flavors of Italy with our lively family brunch featuring an array of mouth-watering treats including a live grill station, pasta cooked to order, irresistible sweets and much more.

IDR420K ++ per person including a welcome drink, soft drinks & signature iced teas

Kids Eat Free* & 20% OFF for SPG members

ENJOY SPECIAL GROUP OFFER FOR BIRTHDAY & SPECIAL OCCASION

